

September 2026 Edition



Welcome to the September 2026 edition of Impact

As summer draws to a close, I'd like to thank everyone who has taken the time to share their experiences of health and social care with us. I particularly would like to say thank you to All Forum Wales for inviting us to attend their Caring Communities of Change conference. From exciting projects to powerful conversations, the day was packed with ideas about how we can work together to create better support for people with learning disabilities, their families, and carers across Wales.

Whether through our local teams, at community events, or by contacting us directly, your voices continue to shape our work and help influence change across Wales.

This edition highlights some important issues affecting people and communities. We've responded to concerns raised in the Healthcare Inspectorate Wales report on the Emergency Department at [Ysbyty Glan Clwyd](#), welcomed the Welsh Government's [new plan to reduce waiting lists](#), and called for greater clarity and support for people affected by the pause in [referrals for gender-affirming surgeries](#).

We have also continued to champion the importance of meaningful public involvement in decisions about NHS services, including [proposed changes in Powys](#).

Across Wales, our local teams have been helping people navigate challenges, access treatment, receive clearer information about their care, and ensure their concerns are heard. These individual experiences not only help secure better outcomes for those involved but also contribute to wider learning and improvements across services.

We're also excited to continue sharing stories and conversations through our [In Conversation With podcast](#). The series shines a light on the issues that matter most to people across Wales, bringing together voices, experiences and insights from a range of guests. With new episodes launching every week, it's another way for us to listen, learn and explore the topics shaping health and social care, and I encourage you to tune in and join the conversation.

I hope you enjoy reading this edition and learning more about the difference your experiences are making. Thank you for continuing to work with us to help improve health and social care for

people across Wales.

Cofion cynnes,

Alyson Thomas

Chief Executive, Llais

Our Impact - August 2026

Here's what our teams across Wales have been busy doing in the last month:

1425

people told us their views on
health and social care services
in Wales

50

events hosted by our
teams

61

number of partners we worked
with this month

35

Representations made to NHS
bodies and local authorities,
making sure your feedback is
used by decision makers to
shape your services

51

service changes we
were involved in

1313

people supported by
our advocacy
service

The most common issues we heard from the people we spoke to last month were:

- Positive feedback highlighted the dedication and professionalism of frontline clinical staff across hospitals, GP practices, maternity services, cancer care, dentistry and community hospitals.
- People also shared positive experiences at dental practices, pharmacies and specialist services, alongside examples of effective joined-up care and transport schemes that helped patients attend appointments.
- Key concerns centred on access, communication and care coordination.
- Common issues included difficulties accessing GP appointments and NHS dentistry, long waits for referrals, diagnostics and treatment, and poor communication about care.
- We also heard about waiting list delays in mental health, neurodiversity, women's health and maternity services, as well as concerns about clinical care and patient experience, and practical barriers such as transport, parking, digital exclusion and coordination between services.

Clarity and support needed for people affected by surgery referral pause

Following the announcement that the Welsh Gender Service has paused scheduled and new referrals for gender-affirming surgeries, **we have called for clear information and appropriate support for the people affected.**

We recognise that decisions about healthcare services can be made for a range of reasons, including quality, safety or governance concerns. However, this decision has created uncertainty for people who may have been waiting years to reach this stage of their care.

Our focus is on ensuring that the experiences and concerns of those affected are heard and taken into account as discussions continue. We are seeking further information from the NHS Wales Joint Commissioning Committee (NWJCC) about the reasons for the pause and its impact on patients.

We encourage anyone whose care has been affected to share their experience with us. Hearing directly from people helps us represent their views and ensure decision-makers understand the real-life impact of changes to services.

If you would like to get in touch, please contact us through our website or speak to your local Llais team.

[!\[\]\(cbe80b694ebd74fcfe136a095b608235_img.jpg\) Read our latest update in full here](#)

Supporting people to have their say on NHS services in Powys

We have outlined what we believe people need to understand if they are to have confidence in the proposed consultation on the future of NHS services in Powys.

At a meeting of Powys Teaching Health Board, we highlighted the importance of a consultation process that helps people understand the proposals, take part meaningfully and see how their views are considered.

We stressed that people will want clear information about what is being proposed, why changes are being considered and what any changes could mean for them, their families and their communities. We also highlighted the importance of access to services in a rural county such as Powys, including travel times, transport and ongoing support.

We have also called for the consultation to be inclusive and accessible, ensuring that people who may face barriers to taking part are not left out of the conversation.

If the consultation goes ahead, we will continue to listen to people across Powys, share what we hear with the Health Board and ensure local voices remain at the heart of the process.

Anyone who would like to share their views, experiences or concerns can contact us at:
bettertogether@llaiscymru.org

Other news you may have missed

[Our letter about access to Enhertu for people in Wales with HER2-low advanced breast cancer](#)

[!\[\]\(7d1d6890825e83a6a4a51febe2dcc7f3_img.jpg\) Read more here >>>](#)

[Llais responds to Healthcare Inspectorate Wales report on the emergency department at Ysbyty Glan Clwyd](#)

Welsh Government announces new plan to cut waiting lists

Impact in action: Llais' impact in your area

Cardiff and Vale: helping a patient access long-awaited treatment

A patient contacted Llais after three gynaecology appointments were cancelled, leaving them facing an extended wait for treatment and increasing uncertainty about their care. Following Llais' involvement, the patient's concerns were escalated and a new surgery date was secured for August.

Our impact: *A long-awaited treatment was brought back on track, helping a patient move forward with their care and recovery.*

Cwm Taf Morgannwg: providing clarity and confidence

Llais supported an individual to attend a listening discussion about their care and treatment pathway. The conversation provided the patient with a clear explanation of what to expect and helped address concerns about their treatment journey.

Our impact: *The patient left with a better understanding of their care plan, greater confidence in what would happen next, and reassurance that their concerns had been heard.*

Gwent: making sure people's voices are heard

Across Gwent, Llais has continued to represent people's experiences through strategic groups, complaints advocacy and engagement with health and social care organisations. This work has helped escalate concerns about GP access, mental health delays, social care challenges and wider service integration issues, ensuring decision-makers hear directly about the issues affecting local communities.

Our impact: *People's experiences have been amplified at a strategic level, helping influence discussions about service improvement and patient safety.*

Neath Port Talbot & Swansea: building stronger links between services and communities

Llais helped connect Swansea Bay University Health Board's Quality Improvement Team with the Jac Lewis Foundation and other third-sector organisations supporting people with learning disabilities and mental health needs.

The partnership created opportunities for direct engagement with people with lived experience, strengthened relationships between health services and community organisations, and opened discussions about future collaborative learning and improvement.

Our impact: *Stronger connections between the NHS, community organisations and people with lived experience are helping ensure services are shaped by the voices of those who use them.*

North Wales: securing access to vital hearing support

A family contacted Llais with concerns about plans to withdraw rechargeable hearing aids. Their adult child, who has multiple disabilities including severe sight impairment and limited mobility, relies on a rechargeable hearing aid and would struggle to use a battery-powered alternative independently.

After engagement with the Audiology Service, the patient's records were updated to reflect the continued need for rechargeable hearing aids. The family also received reassurance that emerging all-Wales guidance is being developed to support continued access to rechargeable devices where there is a clear clinical need.

Our impact: *The family gained peace of mind that appropriate hearing support can continue, helping to preserve the individual's independence and quality of life.*

Powys: turning one patient's experience into wider learning

A Powys resident contacted Llais after experiencing a significant delay to spinal surgery and receiving little information about changes to their treatment pathway.

Llais supported the individual through the complaints process, helping secure a detailed response from the Health Board and a face-to-face meeting to discuss what had happened. The Health Board acknowledged shortcomings in communication, apologised for the distress caused and committed to learning from the experience. The person was later invited to share their story as part of future service improvement work.

Our impact: *The individual received answers and reassurance, while their experience is now helping shape improvements to communication and patient-centred care for others.*

West Wales: using patient experiences to improve services

A patient contacted Llais with concerns about delays in accessing a diagnostic procedure, communication issues, and a lack of co-ordination during their care.

Following support from Llais through the complaints process, the Health Board acknowledged delays in treatment and the impact this had on the individual. As a result, the service is reviewing its processes to improve assessment, care coordination, diagnostic access and communication for future patients.

Our impact: *The patient's concerns were recognised, and their experience is helping to drive improvements to patient care and communication across the service.*

Did you know we have a
podcast? 🎧 ▶

Tune in to our [*In Conversation With*](#) series,
available on Spotify and YouTube, where we
chat with inspiring guests about the issues that
matter most to people across Wales.

Listen, learn and hear real stories, insights,
and experiences from voices making a
difference in our communities. 🎧 🎧



Future events and where to find us next



Come and say hi to us at the following events:

- 23/09/26 - It's your Neath Port Talbot
- 23/09/26 - Powys Llais Local
- 30/09/26 - One Voice Innovative Practice Conference
- 06/10/26 - Age Cymru – Carers week event

For more events, visit our webpage by
clicking here [🔗](#)



Llais

Crown Buildings, Cathays Park,



This is a bilingual newsletter.
[Please click for the Welsh version.](#)

Mae hwn yn gylchlythyr
dwyieithog. [Cliciwch am y fersiwn
Gymraeg.](#)

Rhifyn Medi 2026



Croeso i rifyn Medi 2026 o Effaith

Wrth i'r haf ddod i ben, hoffwn ddiolch i bawb sydd wedi cymryd yr amser i rannu eu profiadau o iechyd a gofal cymdeithasol gyda ni. Hoffwn ddiolch yn arbennig i Fforwm Cymru Gyfan am ein gwahodd i fynychu eu cynhadledd Cymunedau Gofalgar o Newid. O brosiectau cyffrous i sgysrsiau pwerus, roedd y diwrnod yn llawn syniadau am sut y gallwn weithio gyda'n gilydd i greu gwell cymorth i bobl ag anabledau dysgu, eu teuluoedd a'u gofawyr ledled Cymru.

Boed hynny drwy ein timau lleol, mewn digwyddiadau cymunedol, neu drwy gysylltu â ni'n uniongyrchol, mae eich lleisiau yn parhau i siapio ein gwaith ac yn helpu i ddylanwadu ar newid ledled Cymru.

Mae'r rhifyn hwn yn tynnu sylw at rai materion pwysig sy'n effeithio ar bobl a chymunedau. Rydym wedi ymateb i bryderon a godwyd yn adroddiad Arolygiaeth Gofal Iechyd Cymru ar yr Adran Achosion Brys yn [Ysbyty Glan Clwyd](#), wedi croesawu cynllun newydd Llywodraeth Cymru [i leihau rhestrau aros](#), ac wedi galw am fwy o eglurder a chefnogaeth i bobl yr effeithir arnynt gan yr oedi mewn atgyfeiriadau ar gyfer [llawdriniaethau sy'n cadarnhau rhywedd](#).

Rydym hefyd wedi parhau i hyrwyddo pwysigrwydd cyfranogiad ystyrllon y cyhoedd mewn penderfyniadau am wasanaethau'r GIG, gan gynnwys newidiadau arfaethedig ym Mhowys.

Ledled Cymru, mae ein timau lleol wedi bod yn helpu pobl i lywio heriau, cael triniaeth, derbyn gwybodaeth gliriach am eu gofal, a sicrhau bod eu pryderon yn cael eu clywed. Mae'r profiadau unigol hyn nid yn unig yn helpu i sicrhau canlyniadau gwell i'r rhai sy'n cymryd rhan ond hefyd yn cyfrannu at ddysgu a gwelliannau ehangach ar draws gwasanaethau.

Rydym hefyd yn gyffrous i barhau i rannu straeon a sgysrsiau trwy ein podlediad [Mewn Sgwrs â..](#) Mae'r gyfres yn taflu goleuni ar y materion sy'n bwysicaf i bobl ledled Cymru, gan ddod â lleisiau, profiadau a mewnwelediadau gan ystod o westeion at ei gilydd. Gyda phenodau

newydd yn lansio bob wythnos, mae'n ffordd arall i ni wrando, dysgu ac archwilio'r pynciau sy'n siapio iechyd a gofal cymdeithasol, ac rwy'n eich annog i diwnio i mewn ac ymuno â'r sgwrs.

Gobeithio y byddwch chi'n mwynhau darllen y rhifyn hwn a dysgu mwy am y gwahaniaeth y mae eich profiadau yn ei wneud. Diolch am barhau i weithio gyda ni i helpu i wella iechyd a gofal cymdeithasol i bobl ledled Cymru.

Cofion cynnes,

Alyson Thomas

Prif Weithredwr, Llais

Ein heffaith - Awst 2026

Dyma beth mae ein timau ledled Cymru wedi bod yn brysur yn ei wneud yn ystod y mis diwethaf:

1425

o bobl a rannodd eu barn gyda ni am wasanaethau iechyd a gofal cymdeithasol yng Nghymru

50

o ddigwyddiadau a gynhaliwyd neu a fynychwyd gan ein timau

61

o bartneriaid y buom yn gweithio gyda nhw yn ystod y mis hwn

35

o sylwadau ffurfiol a gyflwynwyd i benderfynwyr, gan gynnwys cyrff y GIG ac awdurdodau lleol, gan sicrhau bod eich adborth yn cael ei ddefnyddio i helpu i lunio gwasanaethau

51

o newidiadau i wasanaethau y buom yn rhan ohonynt

1313

o bobl a gafodd gymorth drwy ein gwasanaeth eiriolaeth

Y materion mwyaf cyffredin a glywsom gan y bobl y buom yn siarad â hwy'r mis diwethaf oedd:

- Tynnodd adborth cadarnhaol sylw at ymroddiad a phroffesiynoldeb staff clinigol rheng flaen ar draws ysbytai, practis meddygon teulu, gwasanaethau mamolaeth, gofal cancer, deintyddiaeth ac ysbytai cymunedol.
- Rhannodd pobl hefyd brofiadau cadarnhaol mewn practis deintyddol, fferyllfeydd a gwasanaethau arbenigol, ynghyd ag enghreifftiau o gynlluniau gofal a thrafnidiaeth effeithiol a helpodd gleifion i fynychu apwyntiadau.
- Roedd pryderon allweddol yn canolbwyntio ar fynediad, cyfathrebu a chydlynu gofal.
- Roedd problemau cyffredin yn cynnwys anawsterau cyrchu apwyntiadau meddyg teulu a deintyddiaeth y GIG, aros hir am atgyfeiriadau, diagnosteg a thriniaeth, a chyfathrebu gwael am ofal.
- Clywsom hefyd am oedi mewn rhestrau aros mewn iechyd meddwl, niwroamrywiaeth, iechyd menywod a gwasanaethau mamolaeth, yn ogystal â phryderon am ofal clinigol a phrofiad claf, a rhwystrau ymarferol fel trafnidiaeth, parcio, allgau digidol a chydlynu rhwng gwasanaethau.

Mae eglurder a chefnogaeth angen ar gyfer pobl yr effeithir arnynt gan seibiant cyfeirio llawdriniaeth

Yn dilyn y cyhoeddiad bod Gwasanaeth Rhywedd Cymru wedi atal atgyfeiriadau wedi'u trefnu a newydd ar gyfer llawdriniaethau sy'n cadarnhau rhywedd, rydym wedi galw am wybodaeth glir a chefnogaeth briodol i'r bobl yr effeithir arnynt.

Rydym yn cydnabod y gellir gwneud penderfyniadau am wasanaethau gofal iechyd am ystod o resymau, gan gynnwys pryderon ansawdd, diogelwch neu lywodraethu. Fodd bynnag, mae'r penderfyniad hwn wedi creu ansicrwydd i bobl a allai fod wedi bod yn aros blyneddau i gyrraedd y cam hwn o'u gofal.

Ein ffocws yw sicrhau bod profiadau a phryderon y rhai yr effeithir arnynt yn cael eu clywed a'u hystyried wrth i drafodaethau barhau. Rydym yn gofyn am ragor o wybodaeth gan Gyd-bwyllgor Comisiynu GIG Cymru (CBCGC) am y rhesymau dros yr oedi a'i effaith ar gleifion.

Rydym yn annog unrhyw un y mae eu gofal wedi cael ei effeithio i rannu eu profiad gyda ni. Mae clywed yn uniongyrchol gan bobl yn ein helpu i gynrychioli eu barn a sicrhau bod y rhai sy'n gwneud penderfyniadau yn deall effaith bywyd go iawn newidiadau i wasanaethau.

Os hoffech gysylltu â ni, cysylltwch â ni drwy ein gwefan neu siaradwch â'ch tîm lleol Llais.

[!\[\]\(9c4f697052545ae4fab36076e03db94f_img.jpg\) Darllenwch ein diweddariad diweddaraf yn llawn yma](#)

Cefnogi pobl i ddweud eu dweud ar wasanaethau'r GIG ym Mhowys

Rydym wedi amlinellu'r hyn yr ydym yn credu y mae angen i bobl ei ddeall os ydynt am fod yn hyder yn yr ymgynghoriad arfaethedig ar ddyfodol gwasanaethau'r GIG ym Mhowys.

Mewn cyfarfod o Fwrdd Iechyd Addysgu Powys, gwnaethom dynnu sylw at bwysigrwydd proses ymgynghori sy'n helpu pobl i ddeall y cynigion, cymryd rhan yn ystyrlon a gweld sut mae eu barn yn cael eu hystyried.

Fe wnaethom bwysleisio y bydd pobl eisiau gwybodaeth glir am yr hyn sy'n cael ei gynnig, pam mae newidiadau'n cael eu hystyried a beth allai unrhyw newidiadau ei olygu iddyn nhw, eu teuluoedd a'u cymunedau. Fe wnaethom hefyd dynnu sylw at bwysigrwydd mynediad at wasanaethau mewn sir wledig fel Powys, gan gynnwys amseroedd teithio, trafnidiaeth a chymorth parhaus.

Rydym hefyd wedi galw am i'r ymgynghoriad fod yn gynhwysol ac yn hygyrch, gan sicrhau nad yw pobl a allai wynebu rhwystrau i gymryd rhan yn cael eu gadael allan o'r sgwrs.

Os bydd yr ymgynghoriad yn mynd yn ei flaen, byddwn yn parhau i wrando ar bobl ledled Powys, rhannu'r hyn rydym ni yn clywed gyda'r Bwrdd Iechyd a sicrhau bod lleisiau lleol yn parhau i fod wrth wraidd y broses.

Gall unrhyw un a hoffai rannu eu barn, eu profiadau neu eu pryderon gysylltu â ni yn:

Newyddion eraill y gallech fod wedi'u colli

Ein llythyr am fynediad at Enhertu i bobl yng Nghymru sydd â chanser datblygedig y fron HER2-isel

[Darllenwch fwy yma >>>](#)

Llais yn ymateb i adroddiad Arolygiaeth Gofal Iechyd Cymru ar yr adran achosion brys yn Ysbyty Glan Clwyd

[Darllenwch fwy yma >>>](#)

Llywodraeth Cymru yn cyhoeddi cynllun newydd i dorri rhestrau aros

[Darllenwch fwy yma >>>](#)

Effaith ar waith: Effaith Llais yn eich ardal chi

Caerdydd a'r Fro: helpu claf i gael mynediad at driniaeth hirddisgwyliedig

Cysylltodd claf â Llais ar ôl i dri apwyntiad gynaeoleg gael eu canslo, gan eu gadael yn wynebu cynnod estynedig o aros am driniaeth ac ansicrwydd cynyddol ynghylch eu gofal.

Yn dilyn ymyrraeth Llais, cafodd pryderon y claf eu huwchgyfeirio a sicrhawyd dyddiad newydd ar gyfer llawdriniaeth ym mis Awst.

Ein heffaith: *Cafodd triniaeth hirddisgwyliedig ei rhoi'n ôl ar y trywydd iawn, gan helpu'r claf i symud ymlaen gyda'u gofal a'u hadferiad.*

Cwm Taf Morgannwg: darparu eglurder a hyder

Cefnogodd Llais unigolyn i fynychu trafodaeth wrando am eu llwybr gofal a thriniaeth. Rhoddodd y sgwrs esboniad clir i'r claf o'r hyn i'w ddisgwyl a helpodd i fynd i'r afael â phryderon ynghylch eu taith driniaeth.

Ein heffaith: *Gadawodd y claf gyda gwell dealltwriaeth o'u cynllun gofal, mwy o hyder ynghylch beth fyddai'n digwydd nesaf, a sicrwydd bod eu pryderon wedi cael eu clywed.*

Gwent: sicrhau bod lleisiau pobl yn cael eu clywed

Ledled Gwent, mae Llais wedi parhau i gynrychioli profiadau pobl drwy grwpiau strategol, eiriolaeth cwynion ac ymgysylltu â sefydliadau iechyd a gofal cymdeithasol. Mae'r gwaith hwn wedi helpu i uwchgyfeirio pryderon ynghylch mynediad at feddygon teulu, oedi ym maes iechyd meddwl, heriau gofal cymdeithasol a materion ehangach sy'n ymwneud ag integreiddio gwasanaethau, gan sicrhau bod penderfynwyr yn clywed yn uniongyrchol am y materion sy'n effeithio ar gymunedau lleol.

Ein heffaith: Mae profiadau pobl wedi cael eu cryfhau a'u codi ar lefel strategol, gan helpu i ddylanwadu ar drafodaethau am wella gwasanaethau a diogelwch cleifion.

Castell-nedd Port Talbot ac Abertawe: adeiladu cysylltiadau cryfach rhwng gwasanaethau a chymunedau

Helpodd Llais i gysylltu Tîm Gwella Ansawdd Bwrdd Iechyd Prifysgol Bae Abertawe â Sefydliad Jac Lewis a sefydliadau trydydd sector eraill sy'n cefnogi pobl ag anableddau dysgu ac anghenion iechyd meddwl.

Creodd y bartneriaeth gyfleoedd ar gyfer ymgysylltu uniongyrchol â phobl sydd â phrofiad byw, cryfhau'r berthynas rhwng gwasanaethau iechyd a sefydliadau cymunedol, ac agor trafodaethau am ddysgu a gwella cydweithredol yn y dyfodol.

Ein heffaith: Mae cysylltiadau cryfach rhwng y GIG, sefydliadau cymunedol a phobl sydd â phrofiad byw yn helpu i sicrhau bod gwasanaethau'n cael eu llunio gan leisiau'r bobl sy'n eu defnyddio.

Gogledd Cymru: sicrhau mynediad at gymorth clyw hanfodol

Cysylltodd teulu â Llais gyda phryderon am gynlluniau i roi'r gorau i ddarparu cymhorthion clyw ailwefradwy. Mae eu plentyn sy'n oedolyn, sydd ag anableddau lluosog gan gynnwys nam difrifol ar y golwg a symudedd cyfyngedig, yn dibynnu ar gymorth clyw ailwefradwy a byddai'n ei chael hi'n anodd defnyddio dewis arall â batri yn annibynnol.

Ar ôl ymgysylltu â'r Gwasanaeth Awdioleg, cafodd cofnodion y claf eu diweddarau i adlewyrchu'r angen parhaus am gymhorthion clyw ailwefradwy. Derbyniodd y teulu sicrwydd hefyd fod canllawiau newydd ar lefel Cymru gyfan yn cael eu datblygu i gefnogi mynediad parhaus at ddyfeisiau ailwefradwy lle mae angen clinigol clir.

Ein heffaith: Cafodd y teulu dawlwrch meddwl y gall cymorth clyw priodol barhau, gan helpu i gynnal annibyniaeth ac ansawdd bywyd yr unigolyn.

Powys: troi profiad un claf yn ddysgu ehangach

Cysylltodd un o drigolion Powys â Llais ar ôl profi oedi sylweddol i lawdriniaeth asgwrn cefn a chael ychydig iawn o wybodaeth am newidiadau i'w llwybr triniaeth.

Cefnogodd Llais yr unigolyn drwy'r broses gwyno, gan helpu i sicrhau ymateb manwl gan y Bwrdd Iechyd a chyfarfod wyneb yn wyneb i drafod beth oedd wedi digwydd.

Cydnabu'r Bwrdd Iechyd ddiffygion mewn cyfathrebu, ymddiheurodd am y gofid a achoswyd ac ymrwymodd i ddysgu o'r profiad. Yn ddiweddarach, cafodd yr unigolyn ei wahodd i rannu ei stori fel rhan o waith gwella gwasanaethau yn y dyfodol.

Ein heffaith: Derbyniodd yr unigolyn atebion a sicrwydd, tra bod eu profiad bellach yn helpu i lunio gwelliannau i gyfathrebu a gofal sy'n canolbwyntio ar y claf i eraill.

Gorllewin Cymru: defnyddio profiadau cleifion i wella gwasanaethau

Cysylltodd claf â Llais gyda phryderon ynghylch oedi wrth gael mynediad at weithdrefn ddiagnostig, problemau cyfathrebu a diffyg cydlyn yn ystod eu gofal.

Yn dilyn cefnogaeth gan Llais drwy'r broses gwyno, cydnabu'r Bwrdd Iechyd yr oedi yn y driniaeth a'r effaith a gafodd hyn ar yr unigolyn. O ganlyniad, mae'r gwasanaeth yn adolygu ei brosesau i wella asesu, cydlyn gofal, mynediad at ddiagnosis a chyfathrebu ar gyfer cleifion yn y dyfodol.

Ein heffaith: Cafodd pryderon y claf eu cydnabod, ac mae eu profiad yn helpu i sbarduno gwelliannau i ofal cleifion a chyfathrebu ar draws y gwasanaeth.

Oeddech chi'n gwybod bod gennym bodlediad? 🎧 ▶

Tiwniwch i mewn i'n cyfres [Mewn Sgwrs â](#), sydd ar gael ar Spotify a YouTube, lle rydym yn sgwrsio â gwesteion ysbrydoledig am y materion sy'n bwysicaf i bobl ledled Cymru.

Gwrandewch arno, dysgu a chlywed straeon go iawn, mewnwelediadau, a phrofiadau gan leisiau sy'n gwneud gwahaniaeth yn ein cymunedau. 🎧 🎧



Digwyddiadau dyfodol a ble i ddod o hyd i ni nesaf



Dewch i ddweud helo wrthym yn y digwyddiadau canlynol:

- 23/09/26 - Eich Castell-nedd Port Talbot yw hi
- 23/09/26 - Powys Llais Local
- 30/09/26 - Cynhadledd Ymarfer Arloesol Un Llais
- 06/10/26 - Age Cymru – Digwyddiad Wythnos Gofalwyr

**Darganfyddwch ble bydd ein timau
lleol y mis hwn drwy ymweld â'n
gwefan [🔗](#)**



Llais

Adeiladau'r Coron, Parc Cathays,
Caerdydd, CF10 3NQ

[Dad-danysgrifio](#)