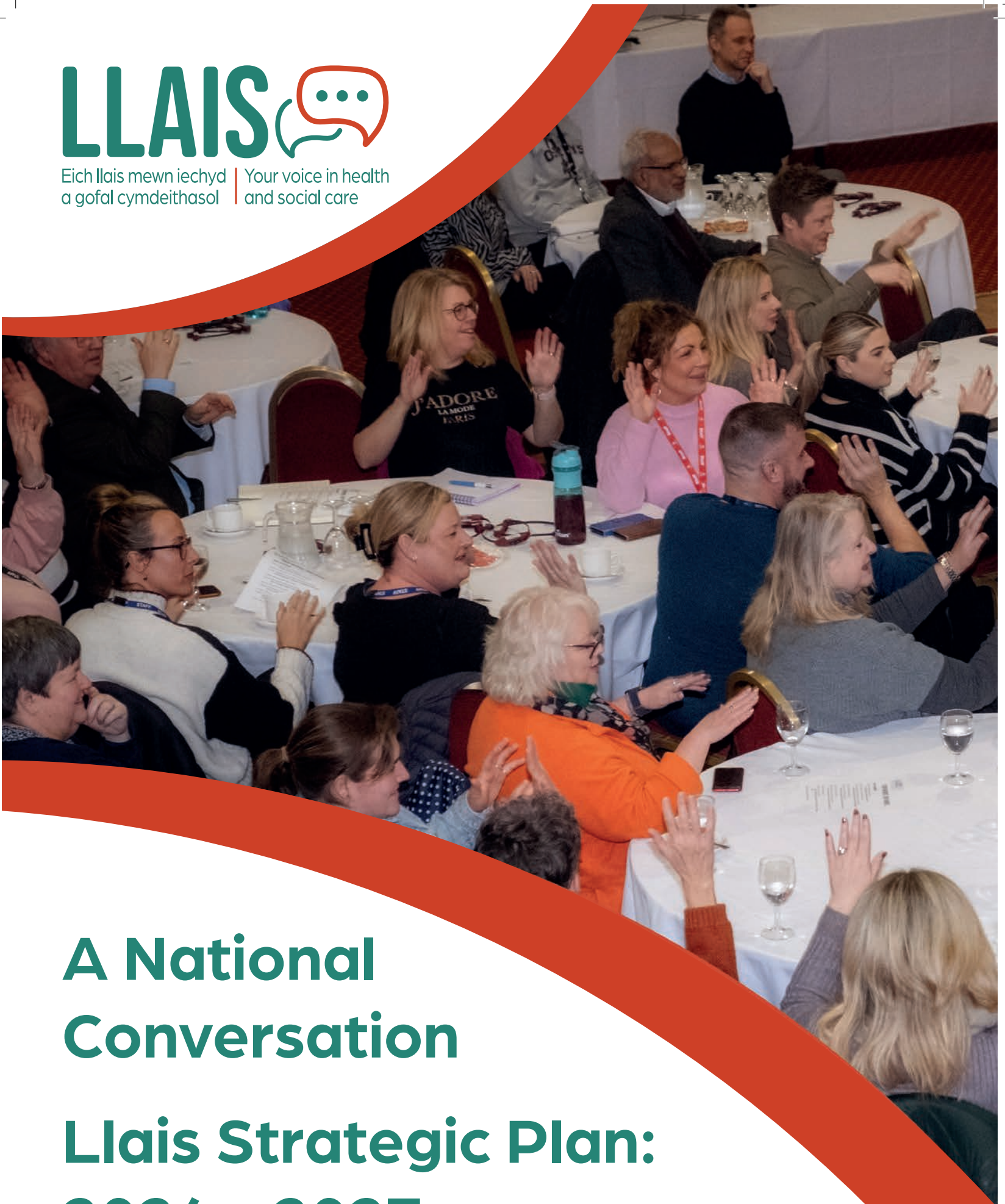




Eich llais mewn iechyd | Your voice in health
a gofal cymdeithasol | and social care



A National Conversation

Llais Strategic Plan: 2024 – 2027

Integrity ~ Person-driven ~ Working together

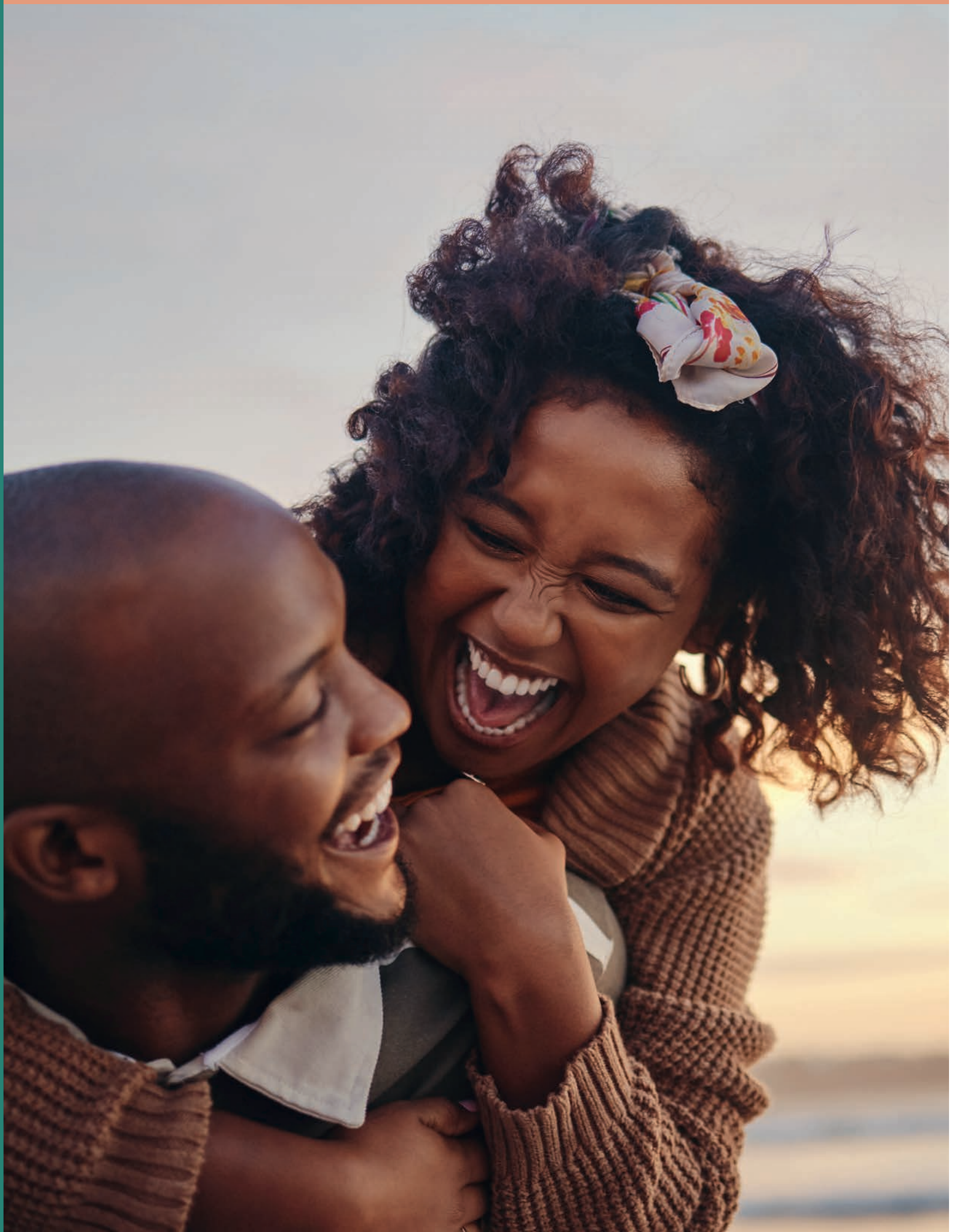
ACCESSIBLE FORMATS

This document is also available in Welsh.

If you would like this publication in an alternative format and/or language, please contact us at enquiries@llaiscymru.org.

You can download it from our website or ask for a copy by contacting our office.

Thank you to Ageing Better for some of the photography used in this publication



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CROESO



We are Llais (it means voice in Welsh)

We are a Welsh Government sponsored public body.

We get our funding from the Welsh Government, but we are operationally independent. This means we get to choose what we work on, how we work, and who we work with.

We were set up in April 2023 and we have about 130 staff, in every corner of Wales. We organise ourselves into 7 regions across Wales. Our national team support all our teams to deliver our work.

Our Board sets our strategic direction. It makes sure we are on track to do what we said we would do – in the way that best meets people's needs.

We work together with the people of Wales to give you a stronger voice, and represent your interests, when it comes to health and social care.

We do this by:

Engagement

we engage and listen to you about your views and experiences of health and social care. You might see us out in your community, at events, or at drop-ins. We try and meet you in the places that work for you.

Representations

we represent your views to decision makers in health and social care. By law, they must let us know what they plan to do with your views and experiences that we share.

Complaints advocacy

we help and support people when things go wrong, and they want to make a complaint about health or social care services.

To help us do this well, for everyone, we need to make sure as many people as possible know about us and our services so more people can have their say. The Health Bodies and the Local Authorities have a legal duty to promote our services, too.



Our Journey

It is a tough time to start an organisation, but even though we are only a year old we are determined to make a difference, and have already started doing so.

Our first year has been about listening, learning and working with others to understand what you want and need from your health and social care services. We have also had a lot to do internally to make sure we got the basics right to help us support you and to be an independently run organisation.

Our hope is that this plan shows how committed we are to helping the people of Wales and strengthening **your voice** when it comes to **your** health and social care.

We will continue to listen, learn, work with others, and come up with new ideas to improve health and social care. By working together, we believe we can help create a system that not only works for everyone in Wales now but will also stay strong and able to help future generations to come.

We want to achieve the most we can for people and communities as quickly as we can, we know it will not be easy and we do it with a clear understanding of the challenges ahead.

The challenges ahead



The effects of the pandemic, world issues, and the rising costs of living, have affected all of our lives and are providing many different challenges.

These challenges along with more people than ever needing health and care support is a growing worry for the future of these services. If bold, systemic changes, are not made soon Wales won't be able to keep up with the demand.

Making health and social care services work better together, focusing on stopping health issues before they start, and setting up support in the community is moving way too slowly. It's tough to get a doctor's appointment, waiting for support, care or treatment can feel like forever, and figuring out care and support after being in hospital is a headache. With more families having to look after their loved ones, sometimes out of the blue or when they're still young, the need for support is greater than ever.

We've all seen how staying healthy and being able to live independently has become more difficult, and that its often especially tough for those who are already struggling. Not everyone has a fair and just opportunity to be as healthy as possible.

We want to acknowledge the dedication, hard work and resilience shown by those working in our health and social care system in Wales and say it's time for the system to support them, as well as our communities, and recognise how important it is to shake things up and to realise that they need others to help make it happen.

Our Chair's call to action



In Wales, we're facing a pivotal moment with our health and social care system.

It's clear the current model can't continue, and there's a collective desire to actively shape its future. This journey begins with an open, inclusive conversation across our communities to reimagine and revamp our approach, guided by the principles of honesty and readiness to tackle the challenges and make tough choices ahead.

Change is a process, not an overnight sensation. It involves navigating impacts on people and service providers alike. Yet, starting this dialogue now sets the stage for sustainable improvements and a long-term vision that spans beyond immediate political cycles.

We've heard the calls for change repeatedly but now must move from recognition to action.

This means unparalleled collaboration across all sectors of society to innovate our health and social care. This national conversation is not just about reform; it's about reaffirming the values that birthed the NHS in Wales and all of us taking ownership of crafting a system that serves us better, is financially sustainable, and truly makes a difference. Only together, we can reimagine a healthier future for Wales.

The message is clear: we need 'A National Conversation'.

Our plan 2024–2027

This is our first national strategic plan. It has been created using what we have been told by you (the people of Wales), by our people (our staff and our volunteers), and the other bodies and groups we work with.

When we created the plan we also thought about our legal duties and responsibilities such as the Quality and Engagement Act 2020, Equality Act 2010, The Well-being of Future Generations Act 2015, The Welsh Language Standards 2016, The Socio-Economic Duty, the Public Sector Duty, and national plans and commitments such as the LGBTQ+ and the Anti-racist Wales Action Plan, as well as our Remit Letter.

The plan aims to be more than a guide for the next three years; we're promising the people of Wales that we'll challenge those in charge of the health and social care system to invest in change, to create a strong, fair, and innovative health and social care system.

Building on what we have learned in our first year we have grouped things into five main priorities.

The priorities are:

01: Drive a national conversation about the future of health and social care services.

02: Push for services that meet everyone's needs.

03: Work together better.

04: Help people and services to use technology in ways that work for them.

05: Grow and improve as an organisation

We want to tackle both the urgent issues and the long-term challenges that have been identified in Wales, and through the feedback from our communities across local, regional, and national levels.

Our ways of working

Vision

We believe in a healthier Wales. A health and social care system where people get the services they need in a way that works best for them, and is ready for whatever the future holds.

Values and behaviours

We know that what we focus on and the way we act and behave, makes a big difference to everyone we work with. Our values and behaviours reflect this.

Values

What's important to us

People-driven

we put the needs and experiences of people at the centre of decision-making.



Behaviours

the way we go about our work

Effective communication & engagement

clear, open communication that is easily understood.

Empowering

enabling people to contribute effectively.

Inclusivity

creating an environment where people feel welcomed and valued.

People-driven

putting the needs and experiences of people at the centre of decision-making.

Values

What's important to us

Working together

we are inclusive and accessible. We work as one team with shared goals, both within our organisation and externally.



Behaviours

the way we go about our work

Leadership

motivating others and setting a good example.

Learning and improving

sharing knowledge and experience, embracing change.

Working together

teamwork, collaboration, and working across boundaries.

Values

What's important to us

Integrity

we are independent, honest, accountable and transparent about our work.



Behaviours

the way we go about our work

Respect

showing genuine consideration and appreciation for one another.

Integrity

acting with honesty and transparency.

What we mean when we say people-driven or people-centred

We know you've probably heard the term people-driven or people-centred a lot from different organisations, so we wanted to let you know what it means to us:

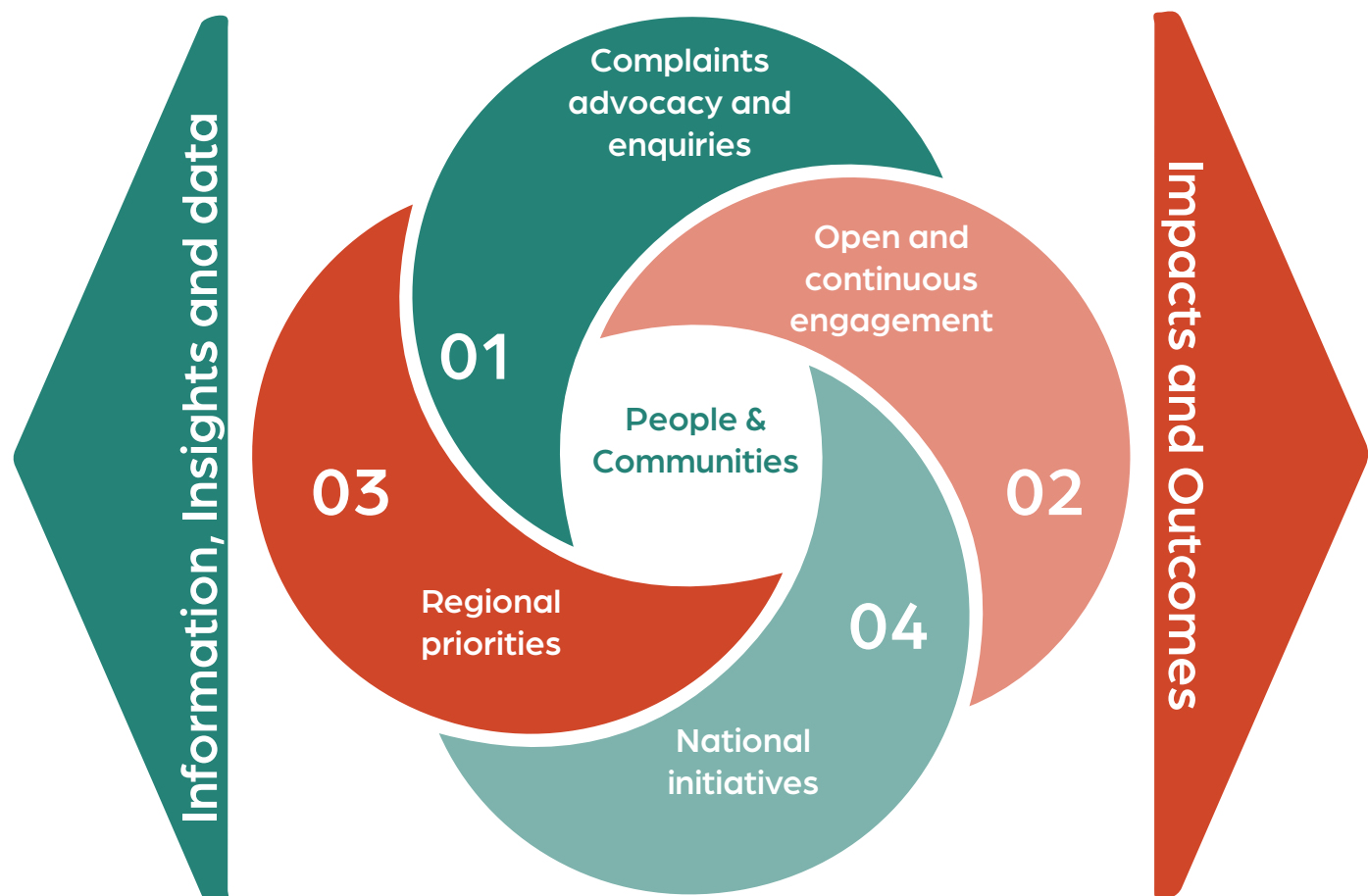
- Services (including our own) that fit around people, not making people fit around services.
- All people are different so make the effort to understand and meet people's individual needs and wishes where it is possible to do it.
- Work for people's best interests and support them when engaging with services.

How we work

We work at a local, regional, and national level, across both health and social care, so we can make the biggest difference for you.

During our first year we have tested, learned, and developed different ways of doing things to find out what works best.

We have used what we learned to focus in 4 key areas:



01: Complaints advocacy and enquiries

We provide local complaints advocacy for people who want to complain about NHS or social care services. How much and what type of support we provide will be tailored to respond to what each person needs. Wherever we can, we will help people who have questions about their care and support and need immediate assistance or information.

We use what we learn through helping people with enquiries and complaints to help inform all our other activities too.

02: Open and continued engagement

We will keep listening to what you are telling us is important to you. This will inform our future priorities.

We will come to you so you can share your views locally. We will work within smaller community boundaries to understand your views and experiences. What we find out will be shared regionally, with Local Authorities, Health Boards and others like Regional Partnership Boards, so they can make changes.

By including more voices, from more wide-ranging communities, we will build a stronger picture of what you need, and want. This will be shared regionally and nationally with the Health Bodies, Local Authorities and Welsh Government Policy makers.

We will offer different ways you can get involved to share your views and experiences about health and social care services. This includes surveys and consultations, both online and in-person, to give you a chance to have your say.

We will learn from what you have told others too, by creating partnerships and sharing information to make improvements to services.

03: Regional priorities

Where we have heard about the issues you care most about in a region, and where we know our involvement can help make a big difference, we will set these as regional priorities. We will plan our work around finding out more and understanding how you feel

about things. We will use these insights to make representations to service providers to influence the changes you need to happen. These priorities will be included in our annual plans.

Service changes are a big part of our regional work. The NHS and local authorities will always need to make changes and some changes will have a big impact on you.

We will work with service providers to get a picture of the changes they have planned.

If a change is going to have a big impact, we will work with everyone involved, and affected, to make sure your voices are heard, and the change is managed in the right way. We won't get involved in every change, it's up to the NHS and local authorities to make sure things are done in the right ways.

Our regions will also have plans to build up our involvement with social care. We have more established relationships and more knowledge about health from when we were the Community Health Councils, and it is only fair that we make the effort to get our social care understanding up to the level of health as soon as we can.

Both regionally and nationally we will focus on building trusted relationships with underrepresented groups so that we can support their voices to be heard and valued.



04: National initiatives

Where we hear about the things that are affecting people across all parts of Wales, we will work together nationally to understand more about the issues and involve people and partner organisations in making things better. We will do this in different ways, depending on how quickly we need to act and how best to make the biggest difference.

Information, insights and data

The more we know about the things that affect your experiences of health and social care services, the deeper understanding we will have of a situation or issue to steer our work in the right direction.

These insights (the valuable pieces of information we get from analysing data or observations) will be used to uncover opportunities, solve problems, improve processes, and develop our plans and strategies.

We will get these in lots of different ways.

This includes what we hear from you through surveys, feedback forms, focus groups, interviews, expert opinion, research, data analysis and by learning from the insight and activities of others.



Outcomes and impact

We want to share the outcomes of our work in different, modern, ways, so it stays fresh and has more impact.

We want people's stories to play an important part in this, as it's one of the most powerful ways to make people listen. We want to let others know when services are doing things well so services can learn from each other. We will make this a key part of our outcome sharing.

Producing videos, infographics, policy positions, information sharing events and reports are just some of the ways in which we will do this.

Where we can measure our impact, we will share this in our publications, including annual reports. Most of the ways we make a positive difference can't be summed up in numbers, and will be best shared through sharing stories.

We will always try and let everyone who has shared their views and experiences with us what we did with what we heard, and what happened as a result. We will hold service providers to account on what they have said they would do with the information.



Our priorities

0.1 Drive a national conversation about future health and social care services

We're going to start a national conversation about what health and social care should look like in the future. We want everyone's ideas – from every place and every background in Wales – to help make health and care work better together for you. Our goal is for policy makers, governments and health and social care services listen to what you say and take action so things work in the way you need and want in the future.

How we are going to do it by 2027:

We'll find out what is in place to help you have your say, understand what is already being said, and how services are listening. We'll share the good practice we find so others can try it too.



We'll set up ways, or ask others to set up ways, for people to have their say about health and care – whether it's in their village, town, the whole region, or the whole country. These networks can make big changes happen.

We'll grow our amazing set of volunteers, from lots of different backgrounds, and ask them to engage with their local communities and represent their views so we can reach more people than ever before.

We're going to ask the people who make the policies and run the services to work with us to agree, and drive action to make sure health and care services are really focused on what people need now and in the future.

People have told health and social care services they are ready for big changes, we're going to figure out what people mean when they say this and how they will help make it happen. This way, everyone feels like they're part of making things better.

What we're focusing on:

Knowing change is needed

We want everyone to understand why change is needed, see the challenges and be ready to help make those changes.

Getting more people involved

Health and Care is for everyone, so we need ideas from people of all backgrounds to make services better. We're going to get more people talking about what they need and want.

Everyone playing their part

People in Wales are saying they're ready to help make changes where they are needed. We're going to help make sure health and social care is something everyone feels responsible for, so more people join the conversation.

What we know is important to people:

- Keeping people safe.
- Making mental health services better.
- Getting urgent and emergency care when and where you need it.
- Making planned care quicker, less stressful and more joined up.



The outcomes we hope our actions will support

Keep the conversations going

Develop structures and networks so that people, communities, rule-makers, and health and care workers are communicating all the time. This means everyone can keep up with what's needed as things change.



A shared vision for health and social care services

Everyone involved with health and social care works towards a shared vision for a health and care system that works for everyone, making sure we're ready for whatever comes next and that everyone gets the care and support they need.

Everyone plays their part in making change happen

People everywhere will see that it's time to make major changes to health and care services. They'll know what needs to be done and will help make change happen.

How this will help make health and social care better

Changing the way things work

The ideas that come from talking together in our communities will help change how services work. This means health and care will really match what people in Wales want and need.

More people getting involved

More people adding their ideas, health and care will work better for everyone, no matter where they're from or what they need.



0.2 Push for services that meet everyone's needs

We'll speak up to make health and social care services better, more inclusive, easier to access, and focused on what people in Wales need. Our priority is to keep health and social care services, including everyone in the conversation, putting people first when designing their services (people-centred service design).

How we are going to do it by 2027:

We'll make sure when conversations are happening about health and care, we're there to speak up for what people need. We'll make sure everyone's ideas help shape how health and care services grow and change.



We'll challenge those in charge of services to work together with us on developing co-ordinated and common ways of gathering, integrating and acting on public feedback in the design and delivery of services and speak up and hold them to account when this isn't done.

We'll work to understand, identify, tackle and shout about the barriers that contribute to inequalities in health and social care, striving for fairness in access, treatment, and better outcomes for people from all backgrounds.

We'll run impactful initiatives, campaigns and interventions that address local, regional and national issues where services are not meeting people's needs or where services are great and we think others should know about them.

We'll recognise and support the vital role of caregivers in the health and care system by working with others to develop resources and support that helps them in their caregiving responsibilities. We will also ask others to publicly acknowledge carers contribution to community health and wellbeing.

What we know is important to people:

- Keeping it easy to see a doctor, nurse, social worker or support worker when you need to.
- Making sure services understand and respect everyone's needs.
- Making sure you get help, care and support as long as you need it.
- Sudden removal or changes to services.



What we're focusing on:

Strategy, policy and service charge

We want to make sure that as health and care services grow and change they put people's need and wants first.

Help to stay healthy and independent

We're all about making sure everyone knows how to stay healthy and is supported to live healthy and independent lives.

Community-based solutions

We think the best solutions are ones that are as close to home as possible. We'll support local health and social care projects that really know what their community needs.

The collective outcomes we hope our actions will support

Increased recognition of the value of people-centred service design

More people will know about and believe in designing health and care that really listens to what people want and need and involves them in the design process.



Enhanced care

Health and social care that's focused on each person, making sure services fit what you need, not just what's easiest to give.

All voices in Wales

Services celebrate how diverse and different we all are, making sure everyone gets a say in how things are done.



How this will help make health and social care better

Stronger community health and social care networks

Our push for local solutions will lead to stronger, more resilient local health and care 'ecosystems'. Health and social care services will be better integrated within communities really understanding and meeting their needs.

Recognition and support for caregivers

Caregivers will get the spotlight and support they deserve in making everyone's health and care journey a bit easier. This will lead to better information, practical support, and wellbeing for carers.

Co-designed health and social care pathways

With our push for co-ordination and integration of public feedback into service design, we hope to see health and social care pathways that are co-designed with those who use them. This will ensure that services are shaped by the experiences and needs of people, leading to more personalised care and support plans and improved outcomes.

Continuous improvement

By holding service providers accountable for involving communities in the planning and adaptation of services, a culture of continuous improvement will continue to be developed. Services will be regularly reviewed and adapted based on feedback from those who use them, ensuring that they remain relevant, effective, and aligned with the needs of the population.



0.3 Working together better

We're committed to supporting health and social care to be more joined up, helping services to work well with each other to match what the community wants and needs. No one organisation can do this alone. We want to join forces with people from all sectors and use their strengths and experiences to help make services better, to share what works well and to avoid duplication and waste.

How we are going to do it by 2027:

Promote Collaboration between organisations:
Create strong collaborations with health, social care, third sector and communities building and getting involved in networks and partnerships that support services to be better connected and effectively address community needs.



Work with others on local, regional and national initiatives, drawing on their strengths, expertise, and lived experiences to maximise the impact or messaging.

Effective sharing of things that work: Identify and share examples of effective health and care models and practices across the network, encouraging adoption and adaptation to suit local contexts. Working towards establishing a platform for the exchange of successful strategies and innovations in health and social care, promoting a culture of learning and continuous improvement.

Work with others to help coordinate effort and action across services working in the same areas, to reduce doing the same thing twice, use limited resources well to improve service quality and accessibility.

What we know is important to people:

- Joined up health and social care services where people don't feel movement from one service to another
- Sharing good practice and adapting it for local needs
- Focusing on people
- Not repeating the same mistakes that have been made before



What we're focusing on:

Getting everyone involved

We want to make sure everyone's ideas and thoughts are included by services when new tech is being talked about and created in health and care. Celebrating when this is done well, pointing out where it could be better and working with others to involve people where this isn't happening.

Helping everyone understand and use tech

Make sure organisations help people understand more about how tech can make health and care better and work on making sure everyone is supported to use it in a way that meets their individual needs and circumstances.

Digital inclusion

We know that new tech can make some things better, but we also want to make sure it doesn't make things harder for some people. We want to make sure others are supporting ways that everyone can get the help they need to use health and care tech.

The collective outcomes we hope our actions will support

Stronger and more impactful collaboration

Further development and active involvement of people and communities in the work of groups like Regional Partnership Boards, Public Services Boards, Advisory Committees, and Steering Groups will demonstrate what a truly integrated approach to health and social care can look like. These entities will become more impactful, working well together to drive forward a unified strategy for health and social care in Wales.



Innovative joint care and support models

Exploring and sharing resources will support collaborative projects and initiatives that span multiple organisations and sectors, breaking down barriers to innovation and health and care provision.



How this will help make health and social care better

Joined up services

We want to make sure that when people need different kinds of care and support, they can move from one service to another easily, without getting confused or having to wait a long time. This way, everyone knows what to do next, and people feel more relaxed, cared for and supported.

Sharing what works best

Ideas and ways of helping people that have worked really well in one place are shared so that other places can try them too. This helps everyone get better at taking care of people's health and social care, making things better for everyone.

Using resources well without waste

Health and social care services work together to make sure they use what they have in the best way possible, so they don't waste anything. This means planning together to make sure they aren't not doing the same thing more than once when they don't need to, which helps make sure everyone can get the help they need.

Always learning to get better

We want our health and care services to keep getting better by learning from what people in our communities tell them and from the great things happening around the world. This way, we can change and improve to make sure we're always getting the best care.

Talking and listening in our communities

We get really good at sharing information and listening to what people need. This helps make health and care services that really fit what people want and need, making sure everyone feels heard and cared about.



0.4 Help people and services to use technology in ways that work for them

The rate at which health and social care services are bringing in digital tools, data-driven strategies, and ethical Artificial Intelligence (AI) is increasing. These developments can make services easier and faster for everyone. It's natural for people to feel a bit unsure about using them, or worried about things like how their personal information is protected and kept safe. We want to help people and services talk to each other so everyone feels confident with these new tools and technologies, everyone can use them if they want to and no one feels left out.

How we are going to do it by 2027:

We'll engage communities to see what they think about new technology in health and care, especially if they're worried or have questions.



We'll get health and social care services to make sure that when they use your personal information, they're careful with it, keeping it private and only using it to help provide better care.

We'll work with others so they make sure new tech tools are easy and helpful for everyone to use, even if tech stuff usually seems a bit tricky, you don't have it or don't normally use it. We want to make sure nobody gets left behind.

We'll keep up to date and keep learning about all the new technology coming out so we can help you and your community understand and use it better.

We'll work with those who keep an eye on how these new tech tools are working in health and care, making sure they're really helping people like they should.

What we know is important to people:

- Making sure no one uses their personal info when they don't want them to.
- Getting help to use the internet and new tech tools.
- Knowing where to find help and info.
- Having choices if they don't want to use tech.



What we're focusing on:

Getting everyone involved

We want to make sure everyone's ideas and thoughts are included by services when new tech is being talked about and created in health and care. Celebrating when this is done well, pointing out where it could be better and

working with others to involve people where this isn't happening.

Helping everyone understand and use tech

Make sure organisations help people understand more about how tech can make health and care better and work on making sure everyone is supported to use it in a way that meets their individual needs and circumstances.

Digital inclusion

We know that new tech can make some things better, but we also want to make sure it doesn't make things harder for some people. We want to make sure others are supporting ways that everyone can get the help they need to use health and care tech.

The collective outcomes we hope our actions will support

More people getting involved in making health and care better with tech and that changes what people and communities needs and want.



Making it easier for everyone in Wales to get the health and social care advice and information they need.

Everyone involved in digital health and social care work together on rules to keep your personal info safe.

Everyone involved in digital health and social care work together to check if new digital tech is making health and care better for everyone and taking action if not.

How this will help make health and social care better

More people want to help shape digital health and care services, so more people will understand tech.

Health and social care services are better and easier to use for everyone in Wales.

People will trust health and care services more because they know their info is safe and the services meet their needs.

Health and social care is ready for the future.



0.5 Grow and improve as an organisation

We want to be a trusted organisation that is valued by everyone – the people we serve and the partners we work with in Wales and beyond. We want to make sure every voice counts, as a champion of people-first engagement in Wales. We want to be a well-run and value based organisation that doesn't just advocate for change but embodies it, setting the example for inclusivity in health and social care across Wales. We want Llais to be a great place to work, that tries new things and stays up to date with new ways of working.

How we are going to do it by 2027:

We'll introduce a communication and PR strategy to increase awareness and understanding of our services, influence, build trust and gain recognition of our role within health and social care.



We'll develop our culture: we will develop and deliver a cultural change programme to support our people to embed and demonstrate our values and behaviours in their work.

We'll introduce our volunteer strategy, making volunteering with us even more rewarding and impactful. Creating more opportunities to volunteer and showing how much, we value the major contributions our volunteers make.

Involve and invest in our people (staff and volunteers): Develop more ways for our people to play an active role in the future of the organisation. We'll provide better opportunities for development and learning, more chances to suggest and be a part of new ways of working, and co-design an appropriate reward and recognition programme.

Model accessible and inclusive engagement by developing a comprehensive communication and engagement framework, toolkit and resources for our people and our partners.

Review our services and make our internal processes better so that we are more efficient and effective, increasing our capacity and maximising the impact of our work.

What we know is important to people:

- Our independence
- Impact, the 'so what' of our work
- Using public money wisely
- Valuing that people have different needs



What we're focusing on:

Children and young people

We want the voices of children and young people to be heard in health and social care discussions, ensuring that services are designed and adapted to be youth-friendly and responsive to their needs. To do that we must also involve children and young people in developing our own ways of working to ensure that we can effectively represent their voices.

Communicating and promoting our services

Continuously improve our strategies to effectively communicate and promote our services, making sure they are accessible and widely understood by diverse communities across Wales.

Making sure Equity, Diversity and Inclusion runs through everything we do

Embedding equity, diversity, and inclusion principles in all our ways of working so we are accessible to everyone whatever their needs and circumstances in all parts of Wales can effectively represent their voices.

Maintaining independence whilst working with others

Strengthening our ability to keep our independence and strong representations while still having collaborative relationships with health and social care bodies, making sure any partnerships strengthen our purpose.

Good governance and transparency

Committing to the highest standards of governance and transparency in every aspect of our work, to be a trusted and respected organisation.

The collective outcomes we hope our actions will support



Increased public involvement and trust

By raising the power, and valuing, the people's voice in health and social care, we aim to build greater public trust and involvement in the design and delivery of our health and social care services to meet everyone's needs.

Llais as a key partner in engagement focused on people's needs

Establish Llais as a key partner embedding engagement practices within Wales, that focus on meaningfully involving people, influencing policy, and service design at a local, regional, and national level.

Strengthened capacity and effectiveness

Through internal improvements and investments in our people, we will improve our capacity and ways of working, enabling us to do more to represent your voice and effect systemic change.

How this will help make health and social care better



Enhanced service design and delivery

By ensuring that services are co-designed with those who use them, we have more responsive, effective, and user-friendly health and social care services across Wales.

Greater inclusivity in health and social care

Our focus on equity, diversity, and inclusion will lead to health and social care services that are more accessible to and supportive of diverse populations, reducing disparities in care and outcomes.

Informed and empowered communities

Through improved communication and engagement strategies, communities will be better informed about their health and social care options, leading to empowered people who have more of a say in their care decisions.

Strengthened policy influence

As Llais becomes widely recognized as a key partner in people-first engagement, our insights and advocacy will have a greater impact on health and social care policies, ensuring they are aligned with the needs and preferences of the Welsh population.

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a gofal cymdeithasol | and social care