

Easy Read

LLAIS 

Eich llais mewn iechyd | Your voice in health
a gofal cymdeithasol | and social care

Why volunteer with us

Information for people who want to volunteer with us

This document was written by Llais. It is an easy read version of 'Volunteer with us and help improve health and social care in Wales'.

December 2023



How to use this document



This is an easy read document. But you may still need support to read it. Ask someone you know to help you.



Where the document says **we**, this means **Llais**. For more information contact:

Website: www.llaiswales.org

E-mail: enquiries@llaiscymru.org

Phone: 02920 235 558



[Easy Read Wales](#) made this document into Easy Read using **Photosymbols**. To tell us what you think about this easy read version, [click here](#).

[Photosymbols Licence number 403527247.](#)



Contents

About us	4
Why volunteer with us?	5
What information you need to know	7
About volunteering roles	8
Online feedback collector	8
Visiting volunteer.....	9
Community engagement volunteer.....	10
Representation volunteer	11
More information	12
Local Llais teams	13





Llywodraeth Cymru
Welsh Government

About us

Llais has been set up by the Welsh Government.



It is our job to make sure people in Wales can have a say about their:

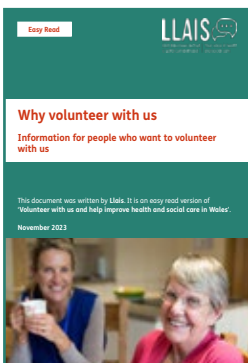
- health services
- and social care services.



People should get these services in a way that works best for them.



We are independent. This means we are not influenced or controlled by government.



This booklet gives you information about volunteering for us.

Why volunteer with us?



Volunteering means doing work for us that you do not get paid for.



Volunteering will help to develop your skills.



It will gain experience and skills that you can add to your CV.



You will have a chance to make a positive difference.





We will pay you for things like travel and food when volunteering for us.



Our volunteering roles are flexible. You can do what you want when it suits you best.



What information you need to know



We want volunteers from all different backgrounds.



Volunteers are an important part of our service.



We will give you training.



We have different volunteering roles.



Your volunteering role will be flexible in a way that suits you.



About volunteering roles

Online feedback collector



You will collect information about people's experiences of health and social care services online.



This can be done through online forums, review websites, social media and **consultation** events.



Consultation events give people a chance to share their views on important things.



This role works well for people who want to work from home.



Visiting volunteer



You will meet people or their families and carers online or in person.



You will arrange visits at places that provide health and social care.



You will talk about what they like and what could be better.



Community engagement volunteer



You will join a local Llais team.



You will meet people online and in person in the community.



You will find out people's views and experiences of local health and social care services.



Representation volunteer



You will represent Llais at meetings.



You will give our views at the meetings when needed.



You will take notes of the meeting and report back to us.



More information

You can find out more about us by:



- Contacting your local Llais team
- Checking our website: www.llaiswales.org



This leaflet is also available in Welsh.



You can contact us in Welsh or English. It will take us the same amount of time to answer you in Welsh or English.



If you want this document in a different format or language, please contact us.



You can also download this document from our website: www.llaiswales.org

Local Llais teams

Cardiff and Vale of Glamorgan

Covering Cardiff and the Vale of Glamorgan

Phone: 029 2075 0112

Email: cardiffandvaleenquiries@llaiscymru.org

Cwm Taf Morgannwg

Covering Bridgend, Rhondda Cynon Taf and Merthyr Tydfil

Phone: 01443 405830

Email: cwmtafmorgannwgenquiries@llaiscymru.org

Gwent

Covering Newport, Caerphilly, Blaenau Gwent, Monmouthshire and Torfaen.

Phone: 01633 838516

Email: gwentenquiries@llaiscymru.org

Neath Port Talbot and Swansea

Covering Neath Port Talbot and Swansea

Phone: 01639 683490

Email: nptandswansea.enquiries@llaiscymru.org



Local Llais teams

North Wales

Covering Flintshire, Denbighshire,
Wrexham, Conwy, Anglesey and Gwynedd

Phone: 01978 356178 / 01248 679284

Email: northwalesenquiries@llaiscymru.org

Powys

Covering Montgomeryshire, Brecknockshire and
Radnorshire

Phone: 01874 624206 / 01686 627632

Email: powysenquiries@llaiscymru.org

West Wales

Covering Pembrokeshire, Carmarthenshire and
Ceredigion

Phone: 01646 697610

Email: westwalesenquiries@llaiscymru.org

