

DO YOU WANT TO MAKE HEALTH AND SOCIAL CARE IN WALES BETTER?

Join us to have your say

Why become a Llais member?

- hear about all **our activities** directly
- make a **positive difference**
- influence **your** local health and social care services
- encourage others to **share** their views
- get as **involved** as you like
- **it's free**



Want to be part of an
organisation with
purpose and passion?

Llais is the **national,
independent body** set up
to give the people of Wales
a say in their health and
social care services.



The opportunity

If you care about better health and social care services, becoming a Llais member is an easy and convenient way to get involved.

We want to hear from as many people as possible. As a member, you will find out about all the chances to have your say about the things that matter to you.



What being a member means

You'll:

- receive our regular newsletter updating you on our current work
- be contacted about any consultations running so you can give your opinion
- be able to influence our future work priorities
- be able to share your experiences both good and bad
- help us to let more people know about Llais and how they can help to make services better



There's no time commitment and it's free to join us. We want your voice.



Be part of something important

We're here to make sure people's views and experiences help to make health and social care services better for everyone.

To find out more about Llais and how you can get involved in improving health and social care in Wales with us, please contact your local Llais team or visit **www.llaiswales.org**

If you would like this publication in an alternative format and/or language, please contact us.

You can also download it from our website or get in touch to ask for a copy.



YOUR LOCAL LLAIS TEAM

Cardiff and Vale of Glamorgan

Covering Cardiff and the
Vale of Glamorgan.

Tel: 029 2075 0112

Email: cardiffandvaleenquiries@
llaiscymru.org

Cwm Taf Morgannwg

Covering Bridgend, Rhondda
Cynon Taf and Merthyr Tydfil.

Tel: 01443 405830

Email: cwmtafmorgannwg
enquiries@llaiscymru.org

Gwent

Covering Newport, Caerphilly,
Blaenau Gwent, Monmouthshire
and Torfaen.

Tel: 01633 838516

Email: gwentenquiries@
llaiscymru.org

Neath Port Talbot and Swansea

Covering Neath Port Talbot
and Swansea.

Tel: 01639 683490

Email: nptandswansea
enquiries@llaiscymru.org

North Wales

Covering Flintshire, Denbighshire,
Wrexham, Conwy, Anglesey
and Gwynedd.

Tel: 01978 356178 / 01248 679284

Email: northwalesenquiries@
llaiscymru.org

Powys

Covering Montgomeryshire,
Brecknockshire and Radnorshire.

Tel: 01874 624206 / 01686 627632

Email: powysenquiries@
llaiscymru.org

West Wales

Covering Pembrokeshire,
Carmarthenshire and Ceredigion.

Tel: 01646 697610

Email: westwalesenquiries@
llaiscymru.org

This leaflet is also available in Welsh.

We welcome calls and correspondence
in Welsh. If you write to us in Welsh we will
respond to you in Welsh, and this will not
lead to a delay.



Eich llais mewn iechyd | Your voice in health
a gofal cymdeithasol | and social care